

Table 105-4022 [1,2,3,4](#)

Perceived health, by sex, household population aged 12 and over, Canada, provinces and territories, occasional

Survey or program details:

Canadian Community Health Survey - [3226](#)

National Population Health Survey - Household Component - Cross-sectional - [3236](#)

National Population Health Survey - North Component - [5004](#)

Geography	Sex	Perceived health <sup>2,3</sup>	Characteristics <sup>4,5,6,7,8,11</sup>	1994/1995	1996/1997	1998/1999	2000/2001	2003	2005	2007
Yukon Territory	Both sexes	Total population for the variable perceived health	Number of persons	20,759	22,408	21,826	24,937	24,946	27,188	26,835
			Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0
		Perceived health, very good or excellent	Number of persons	12,060	14,014	12,669	15,342	13,750	15,386	15,155
			Percent	58.1	62.5	58.0	61.5	55.1	56.6	56.5
		Perceived health, excellent	Number of persons	4,697	5,005	4,318	6,192	4,693	5,067	4,766
			Percent	22.6	22.3	19.8	24.8	18.8	18.6	17.8
		Perceived health, very good	Number of persons	7,363	9,009	8,352	9,150	9,057	10,319	10,389
			Percent	35.5	40.2	38.3	36.7	36.3	38.0	38.7
		Perceived health, good	Number of persons	6,581	6,343	6,769	7,033	8,490	9,154	8,780
			Percent	31.7	28.3	31.0	28.2	34.0	33.7	32.7
		Perceived health, fair or poor	Number of persons	2,008	1,753	2,244	2,562	2,695	2,566	2,883
			Percent	9.7	7.8	10.3	10.3	10.8	9.4	10.7
		Perceived health, not stated	Number of persons	F	298 <sup>E</sup>	F	F	F	F	F
			Percent	F	1.3 <sup>E</sup>	F	F	F	F	F
	Males	Total population for the variable perceived health	Number of persons	10,832	11,625	11,252	12,672	12,450	13,664	13,542
			Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0
		Perceived health, very good or excellent	Number of persons	6,162	7,336	6,436	8,070	7,548	7,681	7,862
			Percent	56.9	63.1	57.2	63.7	60.6	56.2	58.1
		Perceived health, excellent	Number of persons	2,454	2,797	2,343	3,293	2,816	2,594 <sup>E</sup>	2,351
			Percent	22.7	24.1	20.8	26.0	22.6	19.0 <sup>E</sup>	17.4
		Perceived health, very good	Number of persons	3,708	4,538	4,093	4,778	4,732	5,087	5,511
			Percent	34.2	39.0	36.4	37.7	38.0	37.2	40.7
		Perceived health, good	Number of persons	3,591	3,279	3,668	3,245	3,719	4,251	4,419
			Percent	33.2	28.2	32.6	25.6	29.9	31.1	32.6
		Perceived health, fair or poor	Number of persons	1,018	910 <sup>E</sup>	1,106	1,356	1,172 <sup>E</sup>	1,732 <sup>E</sup>	1,261 <sup>E</sup>
			Percent	9.4	7.8 <sup>E</sup>	9.8	10.7	9.4 <sup>E</sup>	12.7 <sup>E</sup>	9.3 <sup>E</sup>
		Perceived health, not stated	Number of persons	F	F	F	F	F	F	F
			Percent	F	F	F	F	F	F	F
Females	Total population for the variable perceived health	Number of persons	9,927	10,782	10,574	12,266	12,496	13,524	13,293	
		Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0	
	Perceived health, very good or excellent	Number of persons	5,898	6,678	6,234	7,272	6,201	7,704	7,293	
		Percent	59.4	61.9	59.0	59.3	49.6	57.0	54.9	
	Perceived health, excellent	Number of persons	2,244	2,208	1,975	2,899	1,877	2,473	2,415 <sup>E</sup>	
		Percent	22.6	20.5	18.7	23.6	15.0	18.3	18.2 <sup>E</sup>	

Northwest Territories <sup>10</sup>	Females	Perceived health, very good	Number of persons	3,654	4,470	4,259	4,373	4,325	5,232	4,878
			Percent	36.8	41.5	40.3	35.7	34.6	38.7	36.7
		Perceived health, good	Number of persons	2,990	3,064	3,101	3,788	4,771	4,903	4,361
			Percent	30.1	28.4	29.3	30.9	38.2	36.3	32.8
		Perceived health, fair or poor	Number of persons	990	842 <sup>E</sup>	1,137	1,206 <sup>E</sup>	1,523 <sup>E</sup>	834 <sup>E</sup>	1,622 <sup>E</sup>
			Percent	10.0	7.8 <sup>E</sup>	10.8	9.8 <sup>E</sup>	12.2 <sup>E</sup>	6.2 <sup>E</sup>	12.2 <sup>E</sup>
		Perceived health, not stated	Number of persons	F	F	F	F	F	F	F
			Percent	F	F	F	F	F	F	F
	Both sexes	Total population for the variable perceived health	Number of persons	28,228	30,344	30,766	32,496	33,228	34,664	33,831
			Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0
		Perceived health, very good or excellent	Number of persons	17,850	18,319	18,847	17,617	18,468	21,873	17,632
			Percent	63.2	60.4	61.3	54.2	55.6	63.1	52.1
Perceived health, excellent		Number of persons	6,617	6,978	6,950	7,789	6,403	7,267	7,381	
		Percent	23.4	23.0	22.6	24.0	19.3	21.0	21.8	
Perceived health, very good		Number of persons	11,232	11,340	11,897	9,828	12,066	14,606	10,251	
		Percent	39.8	37.4	38.7	30.2	36.3	42.1	30.3	
Perceived health, good		Number of persons	7,808	8,946	8,929	10,665	11,389	8,949	12,598	
		Percent	27.7	29.5	29.0	32.8	34.3	25.8	37.2	
Perceived health, fair or poor		Number of persons	2,537	2,918 <sup>E</sup>	2,969	4,214	3,332	3,842	3,601	
		Percent	9.0	9.6 <sup>E</sup>	9.6	13.0	10.0	11.1	10.6	
Perceived health, not stated		Number of persons	F	F	F	F	F	F	F	
		Percent	F	F	F	F	F	F	F	
Males		Total population for the variable perceived health	Number of persons	14,692	15,880	16,040	16,846	17,262	18,070	17,478
			Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0
	Perceived health, very good or excellent	Number of persons	9,327	9,601	9,904	9,132	10,311	11,406	9,019	
		Percent	63.5	60.5	61.7	54.2	59.7	63.1	51.6	
	Perceived health, excellent	Number of persons	4,088	3,738 <sup>E</sup>	4,015	4,049	3,355	3,671	3,895	
		Percent	27.8	23.5 <sup>E</sup>	25.0	24.0	19.4	20.3	22.3	
	Perceived health, very good	Number of persons	5,239	5,863	5,889	5,083	6,956	7,735	5,124	
		Percent	35.7	36.9	36.7	30.2	40.3	42.8	29.3	
	Perceived health, good	Number of persons	4,131	5,160	4,686	5,707	5,632	4,846	6,449	
		Percent	28.1	32.5	29.2	33.9	32.6	26.8	36.9	
	Perceived health, fair or poor	Number of persons	1,234 <sup>E</sup>	1,119 <sup>E</sup>	1,451 <sup>E</sup>	2,007	1,280 <sup>E</sup>	1,817 <sup>E</sup>	2,010	
		Percent	8.4 <sup>E</sup>	7.0 <sup>E</sup>	9.0 <sup>E</sup>	11.9	7.4 <sup>E</sup>	10.1 <sup>E</sup>	11.5	
	Perceived health, not stated	Number of persons	F	F	F	F	F	F	F	
		Percent	F	F	F	F	F	F	F	
	Females	Total population for the variable perceived health	Number of persons	13,536	14,464	14,726	15,650	15,966	16,594	16,353
			Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Perceived health, very good or excellent		Number of persons	8,523	8,718	8,943	8,485	8,157	10,467	8,614	
		Percent	63.0	60.3	60.7	54.2	51.1	63.1	52.7	
Perceived health, excellent		Number of persons	2,529	3,240	2,935	3,740	3,048	3,596	3,486	
		Percent	18.7	22.4	19.9	23.9	19.1	21.7	21.3	
Perceived health, very good		Number of persons	5,994	5,477	6,008	4,745	5,109	6,871	5,128	
		Percent	44.3	37.9	40.8	30.3	32.0	41.4	31.4	
Perceived health, good		Number of persons	3,677	3,786	4,243	4,958	5,757	4,102	6,149	
		Percent	27.2	26.2	28.8	31.7	36.1	24.7	37.6	
Perceived health, fair		Number of persons	1,304 <sup>E</sup>	1,800 <sup>E</sup>	1,518	2,207	2,052	2,025	1,591 <sup>E</sup>	

		or poor	Percent	9.6 <sup>E</sup>	12.4 <sup>E</sup>	10.3	14.1	12.9	12.2	9.7 <sup>E</sup>	
		Perceived health, not stated	Number of persons	F	F	F	F	F	F	F	
			Percent	F	F	F	F	F	F	F	
Nunavut <sup>10</sup>	Both sexes	Total population for the variable perceived health	Number of persons	16,241	16,390	16,520	19,494	13,743	14,948	15,393	
			Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0	
		Perceived health, very good or excellent	Number of persons	8,812	9,048	7,744	10,380	7,836	7,465	8,840	
			Percent	54.3	55.2	46.9	53.2	57.0	49.9	57.4	
		Perceived health, excellent	Number of persons	3,782	4,644	3,431	4,782	3,601	3,311	3,545 <sup>E</sup>	
			Percent	23.3	28.3	20.8	24.5	26.2	22.2	23.0 <sup>E</sup>	
		Perceived health, very good	Number of persons	5,030	4,403	4,312	5,598	4,235	4,154	5,295	
			Percent	31.0	26.9	26.1	28.7	30.8	27.8	34.4	
		Perceived health, good	Number of persons	5,822	5,249	6,774	7,114	4,776	5,769	4,928	
			Percent	35.8	32.0	41.0	36.5	34.8	38.6	32.0	
		Perceived health, fair or poor	Number of persons	1,335 <sup>E</sup>	2,062 <sup>E</sup>	1,959	1,976	1,125 <sup>E</sup>	1,662	1,624 <sup>E</sup>	
			Percent	8.2 <sup>E</sup>	12.6 <sup>E</sup>	11.9	10.1	8.2 <sup>E</sup>	11.1	10.6 <sup>E</sup>	
		Perceived health, not stated	Number of persons	F	F	F	F	F	F	F	
			Percent	F	F	F	F	F	F	F	
		Males	Total population for the variable perceived health	Number of persons	8,453	8,723	8,744	10,219	6,975	7,627	7,849
				Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0
			Perceived health, very good or excellent	Number of persons	4,602	4,832	4,184	5,072	4,016	3,783	4,947
				Percent	54.4	55.4	47.8	49.6	57.6	49.6	63.0
	Perceived health, excellent		Number of persons	1,936 <sup>E</sup>	2,801	2,057	2,486	1,881	1,534	1,759 <sup>E</sup>	
			Percent	22.9 <sup>E</sup>	32.1	23.5	24.3	27.0	20.1	22.4 <sup>E</sup>	
	Perceived health, very good		Number of persons	2,667	2,031	2,127	2,586	2,135	2,249 <sup>E</sup>	3,189	
			Percent	31.5	23.3	24.3	25.3	30.6	29.5 <sup>E</sup>	40.6	
	Perceived health, good		Number of persons	3,175	2,899	3,525	3,774	2,540	2,952	2,137 <sup>E</sup>	
			Percent	37.6	33.2	40.3	36.9	36.4	38.7	27.2 <sup>E</sup>	
	Perceived health, fair or poor		Number of persons	F	960 <sup>E</sup>	1,035 <sup>E</sup>	1,349	418 <sup>E</sup>	840 <sup>E</sup>	764 <sup>E</sup>	
			Percent	6.2 <sup>E</sup>	11.0 <sup>E</sup>	11.8 <sup>E</sup>	13.2	6.0 <sup>E</sup>	11.0 <sup>E</sup>	9.7 <sup>E</sup>	
	Perceived health, not stated	Number of persons	F	F	F	F	F	F	F		
		Percent	F	F	F	F	F	F	F		
	Females	Total population for the variable perceived health	Number of persons	7,788	7,667	7,777	9,275	6,768	7,321	7,544	
			Percent	100.0	100.0	100.0	100.0	100.0	100.0	100.0	
Perceived health, very good or excellent		Number of persons	4,210	4,216	3,560	5,309	3,820	3,682	3,893		
		Percent	54.1	55.0	45.8	57.2	56.4	50.3	51.6		
Perceived health, excellent		Number of persons	1,846	1,843 <sup>E</sup>	1,375	2,297	1,719	1,777	1,787 <sup>E</sup>		
		Percent	23.7	24.0 <sup>E</sup>	17.7	24.8	25.4	24.3	23.7 <sup>E</sup>		
Perceived health, very good		Number of persons	2,363	2,373 <sup>E</sup>	2,185	3,012	2,101	1,905	2,106 <sup>E</sup>		
		Percent	30.3	30.9 <sup>E</sup>	28.1	32.5	31.0	26.0	27.9 <sup>E</sup>		
Perceived health, good		Number of persons	2,647	2,350	3,249	3,339	2,235	2,817	2,791		
		Percent	34.0	30.6	41.8	36.0	33.0	38.5	37.0		
Perceived health, fair or poor		Number of persons	809 <sup>E</sup>	1,102 <sup>E</sup>	924 <sup>E</sup>	627	707 <sup>E</sup>	822 <sup>E</sup>	860 <sup>E</sup>		
		Percent	10.4 <sup>E</sup>	14.4 <sup>E</sup>	11.9 <sup>E</sup>	6.8	10.4 <sup>E</sup>	11.2 <sup>E</sup>	11.4 <sup>E</sup>		
Perceived health, not stated	Number of persons	F	F	F	F	F	F	F			
	Percent	F	F	F	F	F	F	F			

## Symbol legend:

- E Use with caution
- F Too unreliable to be published

## Footnotes:

1. Sources: Statistics Canada, Canadian Community Health Survey (CCHS), 2000/2001, 2003, 2005 and 2007; National Population Health Survey (NPHS), 1994/1995, 1996/1997 and 1998/1999, cross sectional sample, health file (household component); National Population Health Survey (NPHS), 1994/1995 and 1996/1997, cross sectional sample, health file (North component)
2. Population aged 12 and over who rate their own health status as being either excellent, very good, good, fair or poor.
3. Perceived health (formerly self-rated health) is an indicator of overall health status. It can reflect aspects of health not captured in other measures, such as incipient disease, disease severity, aspects of positive health status, physiological and psychological reserves and social and mental function.
4. Rates are age-standardized using the direct method and the 1991 Canadian Census population structure. The use of a standard population results in more meaningful comparisons because it adjusts for variations in population age distributions over time and across geographic areas.
5. When comparing estimates, it is important to use confidence intervals to determine if differences between values are statistically significant. Confidence intervals describe sampling variability and give an indication of the precision of a given estimate. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).
6. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified as follows: (E) use with caution.
7. Data with a coefficient of variation (CV) greater than 33.3% were suppressed due to extreme sampling variability and are identified as follows: (F) too unreliable to be published.
8. Currently produced National Population Health Survey (NPHS) data (cross sectional sample, health file, household component) make use of new coordinated bootstrap weights, and as a result confidence intervals (CI) and coefficient of variations (CV) may differ from values previously published.
10. Nunavut and the Northwest Territories (excluding Nunavut) came into existence on April 1, 1999. To facilitate comparisons, data presented in this table for the Northwest Territories reflect the current boundaries, showing the Northwest Territories and Nunavut as separate regions.
11. The following standard symbols are used in this Statistics Canada table: (..) for figures not available for a specific reference period and (...) for figures not applicable.

**Source:** Statistics Canada. *Table 105-4022 - Perceived health, by sex, household population aged 12 and over, Canada, provinces and territories, occasional*, CANSIM (database).

[http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?Lang=E&CANSIMFile=CII\CII\\_1\\_E.htm&RootDir=CII/](http://cansim2.statcan.ca/cgi-win/cnsmcgi.exe?Lang=E&CANSIMFile=CII\CII_1_E.htm&RootDir=CII/)

(accessed: October 8, 2008)

[Printer-friendly format](#)